FAIRHILLS PRIMARY SCHOOL CANTEEN MENU

TERM 3 & 4, 2016
Open Monday & Friday, recess and lunch

**SANDWICHES & WRAPS (please specify)**

- White or wholemeal bread
- Please request if no butter
- Salad: tomato, cucumber, carrot & lettuce
- Beetroot on request

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegemite</td>
<td>$2.00</td>
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<tr>
<td>Cheese</td>
<td>$2.00</td>
</tr>
<tr>
<td>Ham, cheese &amp; tomato</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham &amp; salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Egg &amp; lettuce</td>
<td>$3.00</td>
</tr>
<tr>
<td>Cheese &amp; salad</td>
<td>$3.00</td>
</tr>
<tr>
<td>Roast chicken, lettuce &amp; mayonnaise</td>
<td>$4.00</td>
</tr>
<tr>
<td>Roast chicken &amp; salad</td>
<td>$4.50</td>
</tr>
</tbody>
</table>

**HOT FOOD – Available lunch only**

- Party pie – Mrs Mac’s good eating $1.00
- Sausage roll – Mrs Mac’s good eating $2.50
- Hot dog (skinless) no sauce $2.80
- Hot dog (skinless) with sauce $3.00
- *GF* hot dog (skinless) $4.00
- Steamed dim sim (with/without soy sauce) $1.00

**Recess & lunch**

- Chicken nuggets 6 for $2.50
- Monday only
- Bacon, egg & cheese muffin $3.00
- Nachos no sour cream $3.50
- Nachos with sour cream $3.70
- Homemade lasagne $4.00
- *Homemade zucchini slice $4.00
- *GF* bolognaise pasta bake $4.00
- Homemade fried rice $3.50
- Homemade spaghetti bolognase $3.50

**SALAD PACKS**

- Italian dressing available on request

<table>
<thead>
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</tr>
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<tbody>
<tr>
<td>*Garden salad small</td>
<td>$2.50</td>
</tr>
<tr>
<td>*Large salad tub</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

**SNACKS – Available recess & lunch**

- Yoghurt tub – 200mL Low fat berry $1.80
- Carrot sticks $0.50
- *Carrot sticks & tzatziki dip $2.00
- Hard boiled egg $0.80
- Piece of fruit apple, orange or banana $1.00
- *Plain popcorn $1.00
- *Buttered popcorn $1.20
- Homemade muffin raspberry & white chocolate $1.30
- Homemade gingerbread man $1.20
- Homemade milo cookie $1.20
- *Vegie chips $1.20
- Cheese & crackers $2.00
- Zing icypole $1.00

**DRINKS – Available recess & lunch**

- Just Juice Prima – 99% fruit juice paradise punch, apple or orange $1.50
- Nippy’s low fat milk chocolate or strawberry $2.20
- Up&Go choc ice or banana $2.00
- Quench spring water apple raspberry, lemon lime, orange or lemonade $2.00
- Bottled water $1.50

*Gluten-free option on request

**PLEASE NOTE:**

- Tomato sauce $0.20 extra
- Paper bags $0.10 extra

All menu items are either green or amber rated according to the School Canteen Healthy Eating Guide.